

CAPstone CATCH UP



CAPstone CHILD
ADVOCACY CENTER

“A PLACE TO BE HEARD,
A PLACE TO HEAL.”

August 2021



13th Annual Light of Hope Fundraiser benefitting CAPstone and CASA

Last year the COVID- 19 virus forced us to cancel our traditional community fundraiser that has historically hosted over 400 people. A “No-Show” event in 2020 raised over \$40,000.00 for the agencies to split. This year we are back in person on Thursday, September 2, 2021! The event will be held at the Gering Civic Center as a Business After Hours Event (5:00-7:00 PM, speaker starts at 5:30 PM) with the Chamber of Commerce. Hors d'oeuvres will be provided, and a cash bar will be available.

Our speaker this year is Nicole Abbott, Nebraska CASA Champion and former foster youth. Her experience being removed from her childhood home and having multiple placements was very traumatizing. With the support of her CASA and other advocates, Nicole rose above her challenges and today is thriving at Bellevue University. Nicole recently won the title of Miss Nebraska U.S. International and competed at Miss U.S. International. We look forward to welcoming Nicole to our community for the event and hearing her story!

We would love to have you join us in person if you feel safe doing so. Please contact the CAPstone office at (308) 632-7274 to reserve a seat. If you cannot join us but feel compelled to donate to our fundraiser you can send a check to CAPstone, 900 P Street, Gering, NE 69341 and put in the memo line Light of Hope or you can go to <https://casaofscbcounty.com/light-of-hope-sponsors/> to provide sponsorship through PayPal.

CAPstone Office Locations

Scottsbluff/Gering
900 P Street
Gering, NE 69341
308-632-7274

Chadron
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Chadron, NE 69337
308-432-8145

Alliance
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Alliance, NE 69301

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CAPstone STAFF

Monica Shambaugh
Executive Director

Lisa Collins
Forensic Interviewer, MDT
Coordinator

Karol Garduno
Family Advocate

Rebecca Fernau
Forensic Interviewer,
Community Outreach
Coordinator

Shelley Thomas
Forensic Interviewer

Isabella Irish
Family Advocate

Winnie Voss
Child Advocate/Administrative
Assistant

CAPstone Donors are Superhero's



CAPstone WISH LIST

For the Children

New Beanie Babies/stuffed animals
New Blankets
New Backpacks
Journals
McDonalds/Runza gift cards

For the Facility

Gift cards to Walmart/Target
Individually wrapped snacks/juices

DONATIONS

Intralinks

Technical services for Sidney & Gering offices.

Sandra Cardiff

Stuffed Animals

Rene Newton

11 quilts

Tina Meier

Backpacks and journals

QUESTIONS ABOUT EDUCATIONAL NEGLECT IN NEBRASKA???

Nebraska homeschools operate as private (or 'exempt') schools. While they are required to provide annual notification and provide instruction in a list of subjects, homeschooling parents are not required to show proof that education is taking place. See Nebraska Revised Statutes 79-201 through §79-210. Since there is no assessment mechanism, it is up to concerned individuals to report cases where homeschooling parents are not providing the required instruction.

Concern that a family has not submitted the required paperwork for homeschooling may be reported to the child's school district. Notice of homeschooling is provided at the state level, but the Exempt School Program Office provides school districts with a list of registered homeschooled students in their attendance area. Students not in school and not on this list may be considered truant.

Concern that education is not taking place in a homeschool setting may be reported to Nebraska's Division of Children & Family Services (DHHS) at 1-800-652-1999. DHHS will investigate to determine whether the family is in compliance with the instruction requirements in Nebraska's homeschool law. Any juvenile "whose parent, guardian, or custodian neglects or refuses to provide proper or necessary ... education" falls under the jurisdiction of the juvenile court. See §43-247.

CAPstone BOARD OF DIRECTORS 2021

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Website

www.capstonenebraska.com

Email

director@capstonenebraska.com

Facebook

<https://www.facebook.com/CAPstone-Child-Advocacy-Center-310733285741/>

To report child abuse/neglect

Nebraska child abuse/neglect
hotline

1-800-652-1999 or call your
local Law Enforcement
agency.



ATTENTION ATTENTION READ ALL ABOUT IT

If there is something you would like to see in our newsletter or would like to add to our newsletter, such as a job opening or an event you are having, please let us know.

Email Rebecca at outreach@capstonenebraska.com or call at 308-432-8145

If you are interested or feel inspired to help CAPstone by becoming a board member or volunteer, contact Monica Shambaugh in Gering at 308-632-7274. We would be more than happy to visit with you about this opportunity.

What are you doing to prevent VICARIOUS TRAUMA?

Tabitha Mpamira delivered an inspiring message during the VidaNyx Survivor Support Day event. Now she's facilitating a 5-session workshop to help us tend to the emotional needs of ourselves and our team. Below is a Series of 5 complimentary/free Healing Us workshops with Tabitha on VICARIOUS TRAUMA which will be presented every Wednesday for five weeks after Labor Day. Email info@vidanyx.com to register today.

o September 8th, 10:00-11:30 am CT

Safety, Identity, & Intention

Setting foundations for group safety

o September 15th, 10:00-11:30 am CT

Knowledge is Power

Neuroscience of vicarious trauma & coping strategies

o September 22nd, 10:00-11:30 am CT

Bearing Witness

Sharing stories that validate and reframe lived experiences

o September 29th, 10:00-11:30 am CT

Harm, Healing, & Resilience

Understanding vicarious trauma & resilience

o October 6th, 10:00-11:30 am CT

Boundaries, Agency, Self Love, & Community

Cultivating a sense of personal agency & community care



United Way of
Western Nebraska
Partner Agency



TIME IS ALMOST UP, VOTE UNTIL SEPTEMBER 30TH FOR [CAPSTONE CHILD ADVOCACY CENTER](#)

We're participating in the Target Circle program! You can vote for us and help direct Target's giving to benefit our nonprofit. For full program details and restrictions visit Target Circle. target.com/circle

**We've partnered
with Target Circle.**

Vote by September 30.

@circle™ NONPROFIT PARTNER

UPCOMING TRAININGS

AUGUST

August 17-18 - NCJTC: Reimagining Policing: Strategies for Building Community Relationships that Last

August 23-27, 2021 – NCJTC: Conducting Child Abuse Investigations (Location: Saint Louis, MO)

August 25-27 – NCJTC: Psychology of School Threat Assessments

SEPTEMBER

September 13-16 – NCJTC: Current Drug Trends

September 13-17, 2021 – NCJTC: Conducting Child Abuse Investigations (Location: San Diego, CA)

September 23, 2021 @ 10:00 am - 4:30 pm CST, September 24, 2021 @ 10:00 am - 12:30 pm CST – Advanced TF-CBT for PSB: Register Online: <https://psbcbt.ouhsc.edu/PSB-CBT-Training/Advanced-TF-CBT-for-PSB>

September 28-29 – NCJTC: What Are They Running From? Youth Trauma and Addressing Adverse Childhood Experiences

September 28 - Nebraska Court Improvement Project Conference in Ogallala

September 30 - Nebraska Court Improvement Project Conference in Omaha and Virtual

OCTOBER

October 14-15 – NCJTC: Enhancing Investigations through Genetic Genealogy:

October 18-19 – NCJTC: Criminal Connections: Child Pornography and Child Sexual Abuse:

October 18-22- NCAC Training Center- Forensic Interviewing (Huntsville or Virtual):

October 26-27 – NCJTC: Child Homicide Investigations:

October 27-29- NCAC Training Center- Extended Forensic Interviewing Training (Colorado or Virtual):

Child Abuse/Neglect training (CAN 101)

This 2 hour training is available free of charge to any group or organization that works with children. Goes over mandatory reporting, what happens when you report, where to report, and also scenarios to review. If you are interested please contact CAPstone at 308-632-7274 or 308-432-8145

Winnie's Wellness

With Immunization month upon us, here is some additional information about the COVID vaccine.

Where can I get the vaccine?

Get a COVID-19 vaccine as soon as you can. Widespread vaccination is a critical tool to help stop the pandemic. If you need help finding a COVID-19 vaccine provider near you, please visit the [Vaccines.gov](https://www.vaccines.gov) website. You can also text your zip code to 438829 (English), 822862 (Spanish) or call 1-800-232-0233 (TTY: 888-720-7489) for assistance.

CDC does not schedule vaccination appointments and cannot assist with verifying, rescheduling or cancelling your vaccination. If you need to verify, reschedule, or cancel a COVID-19 vaccination appointment, contact the location that set up your appointment. If you need to schedule a second-dose appointment and the location where you received your first dose is no longer offering COVID-19 vaccine, you may be able to get your second dose at another location. Contact your state or local health department for help or look for other COVID-19 vaccination providers near you using the [Vaccines.gov](https://www.vaccines.gov) website.

Please keep in mind that health departments may be experiencing a high volume of inquiries, so it may take more time than usual for them to respond to requests. Check the website of your state or local health department for updates.

How do I report adverse events after receiving or administering the vaccine?

If you think you or someone in your care is experiencing a medical emergency, call 9-1-1 and go to the nearest hospital emergency room right away. If you think you or someone in your care is having an adverse event following vaccination but it is not an emergency, contact a healthcare provider for medical advice. Visit the CDC website for more info on vaccine safety.

Report adverse events to the Vaccine Adverse Event Reporting System (VAERS). To learn more, visit the VAERS website or call them directly at 1-800-822-7967.

If you still have questions, please contact the COVID-19 Administration Reporting Systems (CARS) Help Desk at 1-833-748-1979.

Caroline Teeple

Superhero for Children

CAPstone Child Advocacy Center would like to congratulate Caroline Teeple in her new role with Department of Health and Human Services. We look forward to working with you more in our satellite offices in Chadron and Alliance. Caroline shared a little bit about herself:

I was born and raised in western Nebraska. I attended college at Concordia University in Seward, NE and have bachelor's degrees in psychology and behavioral science, and a Master's degree in Child and Adolescent Developmental Psychology. I worked in private practice for many years, doing psychological and neuropsychological testing but have worked for the Nebraska DHHS as a Child and Family Services Specialist for four years before I was promoted to the Lead Worker in January of this year, and was employed in that capacity for six months. I've been in my current position as the CFS supervisor for the Chadron and Alliance offices since June 1, 2021.



"There is a superhero in all of us, we just need the courage to put on the cape."

- Superman